How to Install Photoshop Actions?

Method 1

1. Download your freebie from CreativeUltra.
2. Save the .zip file to your desktop.
3. Make a backup copy somewhere. Anywhere. Just do it.
4. Open the .zip file, usually by double-clicking it. This should produce a folder containing the contents of the .zip file on your desktop. Once you've done that, the easy method goes something like this: 1. Double-click the .atn files within the folder you've just unzipped/created 2. There is no step #2. Your actions should be loaded into the Photoshop Actions Palette.

Method 2

1. Open Photoshop, and click on windows tab and check on actions or press alt + F9 and then click on the Actions Palette menu button (located in the top-right of the Actions Palette)

2. Select "Load Actions"

3. Select one of the .atn files from the download 4. Repeat for the other. Atn.

Thanks Very Much Indeed